



SERVICES

Crisis Response Services

Crisis Response Services offers mobile crisis response, crisis support residence, and 24/7 telephone services to both youth and adults who are experiencing a mental health crisis.

ANYONE EXPERIENCING A CRISIS CAN CONTACT THE CRISIS LINE AT: 807-346-8282 / 1-888-269-3100

ELIGIBILITY: All Ages

HOURS: 24/7, 365 days a year

807-346-8282 **CONTACT:** DISTRICT/TTY: 1-888-269-3100

For more information, visit: cmha-tb.on.ca/crisis-intervention





Contact:

Crisis Response Services, CMHA Thunder Bay 200 Van Norman St., Thunder Bay, ON P7A 4B8 Tel: 807-346-8282 cmhatb@cmha-tb.on.ca

Crisis Response Services

807-346-8282

District/Toll-Free: 1-888-269-3100

We have all experienced a crisis at one point in our life. Something happens or a chain of events occur that exceeds our capacity to cope. We may have reached out to our families and friends to get support, gotten through it, and moved forward; or, we may have found ourselves alone and unable to cope.

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Crisis Response Line

Contact the crisis line 24 hours a day, 7 days a week, 365 days a year. Your call will be answered by trained professionals. This service is available to anyone of any age.

Crisis Response Mobile Unit

If you would benefit from a meeting in person, our mobile response team will come out to see you. We provide in person crisis assessment intervention in the community. This service is available 7 days a week, 365 days a year within the City of Thunder Bay.

Crisis Support Residence

If it is determined that you would benefit from having a short stay in our Crisis Support Residence, the crisis response team will help you access this service. This voluntary residential support is available 24 hours a day, 7 days a week to individuals 16 or older.