



A.S.I.S.T.

Applied Suicide Intervention Skills Training

The ASIST program is a two-day interactive workshop with an emphasis on suicide first-aid. ASIST will provide you with essential information on how to recognize when someone may be having thoughts of suicide, how to work with them to support their safety, and how to seek further help.

SESSION DATE
September 24 & 25, 2019

LOCATION/TIME
St. Joseph's Heritage,
62 Carrie St.,
8:30 am – 4:30 pm

WORKSHOP FEE
\$210 per person or \$100 per student

REGISTER ONLINE
asistbay.eventbrite.ca

Registration Required. For more information,
contact: (807) 345-5564
THUNDERBAY.CMHA.CA/EVENTS



**Canadian Mental
Health Association**
Thunder Bay
Mental health for all