



PRACTICAL APPROACHES TO RECOVERY AND MENTAL HEALTH

Whether you are a student or a seasoned professional, continuous learning about mental health is your responsibility. Our workshop, based on the recovery model, is as essential as it is effective and will provide you with active foundational approaches to supporting mental health.

SESSION DATE
November 21, 2018

LOCATION/TIME
CMHA – 200 Van Norman St.,
8:30 am – 4:30 pm

WORKSHOP FEE
\$150 per person

REGISTER ONLINE
practicalapproachtotherecovery.eventbrite.ca

Registration Required. For more information, contact:
JoAnne Otte - (807) 683-4952
THUNDERBAY.CMHA.CA/EVENTS



**Canadian Mental
Health Association**
Thunder Bay
Mental health for all