



Tiffany Stubbings

DIRECTOR OF PROGRAM SERVICES

Tiffany Stubbings is the Director of Program Services at Canadian Mental Health Association Thunder Bay who brings over 20 years' experience to the organization in the field of addictions and mental health. Tiffany's dedication and enthusiasm to CMHA over the last 19 years, where she has served in a variety of roles from front-line in Crisis Response Services and New Foundations programs, to Program Manager of New Foundations and now to her current promotion of Director of Program Services for the organization. Tiffany has completed a number of leadership initiatives including the NorthWest LHIN Health System Leadership Program, is a Certified Mental Health Works Trainer and a Certified Coaching Out of the Box Trainer.

Her unique leadership style, infectious smile and laugh truly creates a sense of belonging with her team and clients. Tiffany understands by simply sharing a smile with those around her can create a contagious effect.

Tiffany has a natural passion and commitment to provide mental health for all that has seen her organize and manage a variety of fundraising initiatives for CMHA's education and training programs over the past 15 years. This passion and commitment have led to her involvement in a variety of signature events including Styles & Smiles; A Society of Exceptional Individuals as well as most recently the Darryl Stubbings Memorial Golf Tournament which has boasted almost \$50,000 raised for the CMHA Thunder Bay Branch in just two years.

When Tiffany has free time, you will often find her creating beautiful jewelry designs and spending time with her Boston Terrier, Henry, who is well known (and loved) around the offices of CMHA.