

CMHA THUNDER BAY BRANCH



FIRST PLACE CLINIC & REGIONAL RESOURCE CENTRE

First Place offers treatment for individuals who are experiencing a first episode of psychosis. Psychosis is a treatable illness that affects a person's ability to know what is real versus what is not real.

ELIGIBILITY: 14-35 range

Individual case review for referrals whose age is outside of this range.

First episode of psychosis

No history of treatment or treatment was started less than a year ago

Willing and able to access community based treatment.

Absence of organic brain disorder/impairment

For more information, visit:

thunderbay.cmha.ca/programs-services/first-place-clinic-and-regional-resource-centre



Canadian Mental
Health Association
Thunder Bay
Mental health for all



Ontario
Ministry of Child & Youth Services
& Ministry of Community & Social
Services

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What is Psychosis?

Psychosis is a treatable illness that affects a person's ability to know what is real versus what is not real. Psychosis affects approximately 3% of the population and affects both males and females equally. Psychosis is a brain illness, which is a serious but treatable medical condition. This is characterized by changes in a person's way of thinking, perceiving, believing and/or behaving.

Early psychosis or first-episode of psychosis simply means that an individual is experiencing psychosis for the first time. First episodes of psychosis generally develop in young people in their adolescence to young adulthood. Psychosis can develop gradually or come on suddenly and it is important to understand the early warning signs and common symptoms.

For more information, visit:
[thunderbay.cmha.ca/programs-services/
first-place-clinic-and-regional-resource-
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